

MAUI COUNTY POLICE DEPARTMENT

GENERAL ORDERS
CHAPTER 304
FACILITIES AND EQUIPMENT

Effective date: 01/31/20

Revision date: 1/13/20

Rescinds: GO 304.10 (9/01/10)

New materials underscored

Accreditation Standards:

MAJOR SHINICHI SUZUKI DOJO FACILITY (HALE MAKA'I DOJO)
G.O. 304.10

I. PURPOSE

To establish the guidelines for use of the Maui Police Department Major Shinichi Suzuki Dojo Facility ("Hale Maka'i Dojo").

II. POLICY

Physical fitness is vitally important to every officer of the Maui Police Department. Beyond the ordinary dangers to good health such as stress, obesity, heart disease and a general lack of wellness, situations may arise where a human life depends on endurance, strength, agility of the responding officer, as well as his/her knowledge of the Maui Police Department's Arrest and Defense Tactics Skills. Fitness, as well as being proficient in these skills, are integral parts of the personal and professional life of every officer. In an effort to afford officers with the opportunity to participate in sharpening these skills, the Hale Maka'i Dojo located at the Wailuku Police Station was constructed. Officers are encouraged to make use of this facility following the procedures described in this directive.

III. DEFINITION

ARREST AND DEFENSE TACTICS INSTRUCTOR: An individual certified as an Arrest and Defense Tactics Instructor by the Maui Police Department.

IV. HALE MAKA'I DOJO FACILITY AND CONTROL

- A. The Hale Maka'i Dojo shall be under the control and direction of the Plans, Training, Research and Development Section Commander.
- B. The Commander of the Plans, Training, Research and Development Section shall be responsible for the care and maintenance of the equipment as well as the enforcement of all rules and regulations governing the use of this facility.
- C. The Hale Maka'i Dojo shall be open for use on a 24-hour basis.

1. The Commander of the Plans, Training, Research and Development Section shall have the authority to close the Hale Maka'i Dojo at any time.

D. Exception

1. Visiting law enforcement officer or agents from other jurisdictions within the state accompanied by Department Personnel.
2. Instructors hired to conduct training for the Department.
3. Any other person authorized by the Chief of Police.

V. ACCESS, CONTROL AND USE

- A. Designated personnel of the Plans, Training, Research and Development Section shall be responsible for maintaining a calendar of scheduled training sessions and the dates officers may use the Hale Maka'i Dojo.

1. Training is on a first-come, first-serve basis, space permitting. All training scheduled through the Plans, Training, Research and Development Section including, but not limited to, Recall Training and Recruit Training will take priority over personal training.
2. Training techniques allowed within the Hale Maka'i Dojo shall be limited to sharpening, Maui Police Department, Arrest and Defense Tactics Techniques as well as related exercises and/or drills.

- B. Keys to the Hale Maka'i Dojo will be secured at the Communications Section.

1. The Communications Section shall maintain a key control ledger for those authorized to use the facility.
2. Keys must be signed for by any personnel using the facility.

- C. The individual signing for the keys shall be responsible for returning it.

VI. REGULATIONS

- A. Before department personnel or authorized users begin training in the Hale Maka'i Dojo they shall:

1. Sign in on the Record Roster Ledger provided for them by the Plans, Training, Research and Development Section in the Hale Maka'i Dojo and sign out when they leave.
2. Authorized visitors shall also complete the Hale Maka'i Dojo Waiver Form prior

to the use of the facility.

- B. No equipment or machinery shall be removed from the Hale Maka'i Dojo without the consent of the Chief of Police.
 - 1. Use of departmental equipment is allowed with the presence of an A.D.T. Instructor.
 - 2. Personal training equipment is allowed within the Hale Maka'i Dojo and shall be subject to approval by the Plans, Training, Research and Development Commander or his/her designee.
- C. Abuse of equipment or machinery is strictly prohibited.
 - 1. Any individual who damages, or who observes damaged equipment, or equipment in need of repair shall report the condition immediately to the respective Commander or his/her designee.
- D. No posters or other material shall be placed on or affixed to any walls within the Hale Maka'i Dojo area, without the authorization of the Chief of Police.
- E. No food or beverages shall be consumed on the matted portion of the Hale Maka'i Dojo.
- F. No person under the influence of intoxicating liquor or drugs shall be permitted to enter the facility.
- G. Excessively loud music is prohibited within the Hale Maka'i Dojo.

VII. USE OF THE WRESTLING MATS

- A. The wrestling mats will only give adequate protection when the recognized rules of wrestling are followed. Body slams or similar severe impacts, which are illegal under the rules of wrestling, are dangerous and may result in serious injury. Other uses of the wrestling mats must be limited to each individual skill level.

VIII. USE OF PUNCHING BAGS

- A. The use of the various punching bags on the Hale Maka'i Dojo can effectively increase aerobic, anaerobic and coordination levels; however, safety precautions and specific equipment are necessary to avoid hand/joint injuries associated from the trauma of repetitive punching.
 - 1. Specifically designed padded gloves shall be worn for impact absorption.
- B. To prevent injuries and to maximize fitness benefits, the punching bags shall be punched efficiently and properly. Anyone interested in learning basic punching bag skills may

arrange a training session from an experienced boxing instructor through the Plans, Training, Research and Development Section.

- C. To increase the longevity of the bags, users shall refrain from kicking bags that are not specifically designed for kicks.
- D. Users shall not hang on bags which are hung from the ceiling.
- E. Weapons, including, but not limited to, batons, sticks, bats, etc. shall not be used to strike bags.

IX. GENERAL DOJO OPERATIONS OF THE HALE MĀKA'I DOJO

- A. It is the responsibility of all individuals using this facility to keep the Hale Maka'i Dojo clean at all times. Each individual will make sure that rubbish, equipment and anything else associated with training are cleaned up after each respective training session. This is to include sweeping and mopping mats using the cleaning equipment already supplied in the Hale Maka'i Dojo.

- 1. Any person found not cleaning up after themselves may also be denied access to the Hale Maka'i Dojo.

- B. In using this facility, it is to be understood that the individual is stepping into a dojo and on a mat to train and accept that this is an athletic activity and requires participation in static and dynamic activities. Should an injury occur during the training session(s), the Maui Police Department/County of Maui and affiliated instructor(s) will not be held responsible.

The Maui Police Department will insure that safety is a top priority. Sworn personnel and authorized users are responsible to engage in this program in a safe manner (no horseplay, etc.) and will inform any member of this facility of any unsafe situations to create the safest training environment possible.

X. PENALTIES

- A. Any violation of the above rules and regulations may result in disciplinary action under General Order 103.1, Rules of Conduct.

- 1. Any person found in violation of the above rules and regulations may also be denied access to the Hale Maka'i Dojo.


TIVOLI S. FAAUMU
Chief of Police